



Southern Illinois Criminal Justice Training Program

Mobile Team Unit 15

Training Announcement

Name of Training		Class ID#	Course ID#
Integrated Force Options (Defensive Tactics) Instructor Training		103070	67906
Date(s) of Training	Time	Hours	Location
March 30 – April 2, 2020	0800 – 1800 Hrs	40	Effingham Police Department 110 South 3rd Street, Effingham

Course Description

Officers are routinely faced with situations involving physical contact with members of the public, including searches, and arrests. Arrest situations require effective and efficient tactics that allow a subject not only to be taken into custody quickly, but as safely as possible while simultaneously minimizing the chances for injury. This increased professionalism works to not only minimize exposure to liability but to build officer credibility, law enforcement legitimacy, and community trust.

The realm of control tactics is a constantly evolving discipline that requires an increasing level of skill, knowledge, and awareness of anatomy, tactics, and strategy, as well as requisite knowledge in use of force case law. An understanding of the physiological and psychological facets of adversarial human interaction is essential as well, if an officer is to prevail in a survival-stress situation and bring it to a successful conclusion.

This train-the-trainer course is designed to develop control tactics instructors who can return to their organizations as lead instructors and subject-matter experts.

Course Objectives

Students will increase their personal skill level and effectiveness as well as their ability to instruct others in the safe and proper use of control tactics and techniques in a law enforcement-specific context. Attendees will develop proficiency in a wide range of techniques and material including:

- Strikes and counter-strikes
- Pressure point techniques and target areas
- Takedowns
- Handcuffing, searching, escorting, and transporting
- Ground defense
- Impact and edged-weapon defense
- Use of impact weapons and pistol combatives

Additionally, this course closes the gaps between force options by utilizing drills that provide the officer with the ability—both physically and mentally—to effectively transition between force options.

Instructor

John Bennett is a 28-year (retired) police officer, trainer, and patrol lieutenant from Charleston, Illinois. As a member of the International Law Enforcement Educators and Trainers Association and a certified law enforcement instructor with ILETSB, John has trained officers for more than 25 years, both nationally and abroad. His emphasis is on use of force, officer-safety, risk management, leadership and proactive police service, and individual readiness and professionalism.

Charles Cadell, III has over 20 years of experience with the State of Illinois Department of Corrections. He is experienced in all aspects of facility training for the Illinois Department of Corrections, the Illinois Department of Corrections Training Academy, and the Menard Correctional Center. His duties included serving as Operations/Special Operations Training Coordinator, Statewide Department Firearms Instructor, Control-Tactics Trainer, Chemical Agent/Oleoresin Capsicum Trainer and Staff Development Specialist.

Mandates Met by This Training

- ✓ Legal Updates
- ✓ Human Rights
- ✓ Use of Force

This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board