



# Southern Illinois Criminal Justice Training Program

Mobile Team Unit 15

## Training Announcement

Name of Training			Class ID#	Course ID#
ILETSB - Crisis Intervention Training- Basic CIT 40 hours			140921	72535
Date(s) of Training	Time	Hours	Location	
April 8-12, 2024	0830 - 1630 Hours	40	Effingham Police Department 110 S. Third Street Effingham, IL	

### Course Description

Law enforcement officers are usually the first responders to crisis events. This in-depth, 40-hour course is geared to the uniformed patrol law enforcement officer who will be required to respond to crisis calls involving people with behavioral disabilities. It will provide police officers with education about mental illness and other behavioral disabilities and skills and tools for effective and safe interaction.

### Course Objectives

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| <ul style="list-style-type: none"> <li>✓ Learn the CIT Model &amp; how it is utilized</li> <li>✓ Determine when a petition for involuntary admission may be appropriate</li> <li>✓ Understand factors in reaching a disposition</li> <li>✓ List major types of mental illnesses</li> <li>✓ Describe elements &amp; limitations of Confidentiality Act</li> <li>✓ Identify associated symptoms of mental illnesses</li> <li>✓ Distinguish between threatening &amp; non-threatening behaviors</li> <li>✓ Identify requirements of ADA</li> <li>✓ Identify signs: Hearing/vision/dental problems, traumatic head injuries, seizure disorders, cerebral palsy, delirium &amp; situational stress</li> <li>✓ Respond effectively to older adults experiencing dementia, Alzheimer's &amp; other mental illness</li> <li>✓ Explain difference between substance use, substance abuse &amp; addiction</li> <li>✓ Discuss medical conditions vs. mental illnesses</li> <li>✓ Discuss types of psychotropic medications &amp; uses</li> </ul> | <ul style="list-style-type: none"> <li>✓ Define co-occurring disorders</li> <li>✓ Define suicide &amp; explain causal factors</li> <li>✓ Differentiate between mental illness &amp; the effects of drugs and/or alcohol</li> <li>✓ Recognize warning signs of suicide</li> <li>✓ Identify/explain techniques for suicide intervention</li> <li>✓ Identify/describe the signs &amp; symptoms of Conduct Disorder, Oppositional Defiant Disorder, ADHD, Depression &amp; Bipolar Disorder</li> <li>✓ Discuss developmental disabilities vs. mental illness</li> <li>✓ Identify characteristics: mental retardation &amp; autism</li> <li>✓ Learn to manage challenging behaviors in people with developmental disabilities</li> <li>✓ Discuss de-escalation considerations for children with mental illnesses</li> <li>✓ Understand the needs of consumers &amp; family members in crisis situations</li> <li>✓ Understand the stigma on individuals with mental illnesses</li> </ul> |
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### Requirements

**Officers must have completed two years of service on the street in a non-probationary status to attend.**

**Officers MUST bring a laptop to class each day that will accept a USB thumb drive!!**

### Instructor

**Mark A. Benson** is a state-wide CIT Coordinator who will facilitate a panel composed of qualified/experienced specialists in their field from throughout state. Mark's experience includes 19 years at Human Services in McLean County, 10 years in the student counseling program at Illinois Wesleyan University, 18 years as a jail counselor, 8 years in private practice, and 5 years working with the drug and mental health courts—serving in several of these positions simultaneously.

### Mandates Met by This Training

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| <ul style="list-style-type: none"> <li>Civil Rights</li> <li>Cultural Competency</li> <li>Procedural Justice</li> <li>Constitutional and proper use of law enforcement authority</li> <li>Use of Force <i>(must include scenario based or similar approved training)</i></li> </ul> | <ul style="list-style-type: none"> <li>Crisis Intervention</li> <li>Officer Wellness/ Mental Health</li> <li>Human Rights</li> <li>Legal Updates</li> </ul> |
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*This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board*