

Proposed Presentation by **Lt. Col. Dave Grossman**



Is your mind mentally prepared for combat encounters, and the life that follows?

The Bulletproof Mind

Lt. Col. Dave Grossman is an internationally recognized scholar, author, soldier, and speaker who is one of the world's foremost experts in the field of human aggression and the roots of violence and violent crime.

Date: Tuesday, May 14, 2024, Time: 8:00 AM – 4:00 PM

Location: Mt. Vernon Police Department, 600 S. 27th Street, Mount Vernon, IL 62864

This course, by a world-renowned legend in the military and law-enforcement community, features Lt. Col. Grossman's recipe for ensuring that your mind is mentally prepared for combat encounters, and the life after. He presents various topics such as how violence in our society has become prevalent, the responsibility of on and off-duty public servants, how to prepare for and deal with the stress of violent encounters, and the role that public safety plays in serving as the protectors to those around them. Lt. Col. Grossman is the author of the books: *On Killing*, *On Combat*, *Assassination Generation*, *On Spiritual Combat*, *Warrior Mindset*, *Stop Teaching our Kids to Kill*, and *Bulletproof Marriage*.

