



SOUTHERN ILLINOIS CRIMINAL JUSTICE TRAINING PROGRAM

Mobile Team Unit 15

Training Announcement

Name of Training			Class ID#	Course ID#
Personal & Professional Breakthroughs for Police Officers			142979	76139
Date(s) of Training	Time	Hours	Location	
December 7, 2023	8:30 A.M.- 4:30 P.M.	8	Effingham Police Department 110 S. 3rd St. Effingham, IL 62401	

Course Description

In a chaotic, unpredictable world of plummeting moral standards, our nation's police officers are facing increasing stressors that can have predictable and profoundly negative impact upon their lives, careers, and families. This class will provide attendees with a new perspective on the unique struggles and consequences of performing well within a law enforcement culture. Officers, sergeants, and those who assist them will be encouraged to reflect upon the traumas and triumphs associated with modern law enforcement, and to consider how they influence the pivotal balance between professional and personal relationships.

Attendees will further gain an understanding of a variety of best practices to address these issues and assist officers in maintaining a balanced, meaningful, and rewarding lifestyle, while maintaining and protecting the nobility found in their servant's spirit. Throughout the class the importance of personal leadership will be stressed. These skills and principles will help officers to create a deeper more meaningful vocation in policing and develop a harmonious and rewarding personal life away from their career.

This class is being jointly funded by the Effingham Police Department and MTU 15.

Course Objectives

Topics will include:

- ✓ Removing classic frustrations encountered by all law enforcement officers and understanding the impact of rewarded cynicism
- ✓ How the dynamics of control and trust can negatively influence officer attitudes both at work and home
- ✓ Learning and mastering the unique, misunderstood, and potentially problematic consequences of police perspectives
- ✓ Learning how to self-motivate on the street, in the department, and at home

Instructor



Kent Williams is the owner of Breach Point Consulting and has been involved in law enforcement as a police officer for over 27 years, where he presently serves as Chief of Police for a Chicago area police department. He is the two-term President of the Northern Illinois Critical Incident Stress Management Team where he has served as a peer supporter for 14 years. He is a graduate of the FBI National Academy, University of Southern California's Delinquency Control Institute, and the Police Executive Research Forum's Senior Management Institute for Police, at Boston University. He served as a Tactical Commander on a regional SWAT team serving 60 Chicago collar communities. He has taught extensively on various courses related to leadership and organizational change. Additionally, he has taught for over 24 years on topics including use of force, weapons and tactics.

Most recently through the development of Breach Point Consulting he has launched several courses being taught on a national level, based upon the principles of Servant Leadership and how simple shifts in organizational perspective can profoundly reduce the stress, frustration and open anger expressed throughout the typical law enforcement agency.

Mandates Met by This Training

- Cultural Competency
- Procedural Justice

This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board