



Southern Illinois Criminal Justice Training Program

Mobile Team Unit 15

Training Announcement

Name of Training			Class ID#	Course ID#
Winning the Battle: The Pain Behind the Badge			120775	70488
Date(s) of Training	Time	Hours	Location	
10/12/2021	0830 – 1630 Hrs.	8	MTU 15 Headquarters 1740 Innovation Drive, Room 150 Carbondale, IL	

Course Description

This is a seminar that involves an emotional day of addressing the byproducts of police and military stress, when untreated or ignored, can and quite often do, result in suicide. The seminar addresses depression, PTSD, cumulative stress, progression of stress, perception protection, spousal and family involvement, officer-involved domestic violence, stress and women in law enforcement, and suicide prevention. This is not a depressing day, but a motivational one!

Course Objectives

Students will gain an understanding of:

- ✓ Perception Protection
- ✓ The Progression of Stress
- ✓ Spousal & Family Involvement
- ✓ Untreated Stress & PTSD
- ✓ The Effects of Stress on the Officer & the Agency
- ✓ Treatment Availability & Success

Instructor



Clarke Paris retired with the rank of Sergeant from the Las Vegas Metropolitan Police Dept. after 27 years of service, he and his wife Tracie lecture about law enforcement stress as well as the prevention of police, first responder, and military suicide. His lectures are given in conjunction with the film and addresses topics rarely covered by other police-related seminars.

Mandates Met by This Training

- Human Rights
- Mental Health Awareness
- Officer Wellness
- Procedural Justice

This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board