



Southern Illinois Criminal Justice Training Program

Mobile Team Unit 15

Training Announcement

Name of Training			Class ID#	Course ID#
Crisis Intervention Team Training – Advanced Refresher			121362	69510
Date(s) of Training	Time	Hours	Location	
October 27, 2021	0830 – 1630 hrs	8	Effingham Police Department 110 S. 3 rd Street Effingham, IL	

Course Description

This course will review the 5 components of a CIT program; Training, Community Collaboration, Accessible Crisis System, Behavioral Health Staff Training, Family/ Advocate Collaboration and Education.

Course Objectives

- Trouble Shooting; Problem solving discussion on challenges encountered as a CIT officer
- Community Recourses; Hospital resources, Mental Health partnerships.
- Legal Updates; Updates to the Illinois Mental Health Code and Confidentially Act
- Group Problem Solving; Group Brainstorming on issues related to CIT training and programs.
- Active Listening Exercises; Review and Demonstrate Skills, Templates to improve skills.
- Officer Exposure to Trauma: Impact of Exposure, Secondary Trauma Impact
- Self-Care Issues, Practice and Resources; Self-Care as a protective factor/tactical tool.
- Scenario-Based Role Play & Review; Interactive Group Role Play with focus on de-escalation, engagement, connection to resources and positive “hand off” to area resources.

Instructor

Mark Benson has been working in the field of mental health since 1990. He earned a Master of Science in Education with a focus on Community Mental Health from Illinois State University in 1997. He is also a Nationally Certified Counselor and a Licensed Clinical Professional Counselor. Mark is trained in the Mitchell Model of Critical Incident Stress Management (CISM). Mark has worked in a variety of mental health settings including in community mental health, geriatric and youth mental health, higher education, private practice, in-patient settings and jail counseling. His primary focus has been on crisis intervention.

Mandates Met by This Training

- Civil Rights,
- Cultural Competency,
- Introductory Mental Health Awareness,
- Procedural Justice,
- Constitutional and Proper Use of Law Enforcement Authority,
- Human Rights,
- Law Updates,
- Use of Force

This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board