



# Southern Illinois Criminal Justice Training Program

*Mobile Team Unit 15*

## Training Announcement

Name of Training			Class ID#	Course ID#
<b>Integrated Force Options (Defensive Tactics) Instructor Training</b>			108324	67906
Date(s) of Training	Time	Hours	Location	
October 13-16, 2020	0800 – 1800 Hrs	40	Effingham Police Department 110 S 3rd Street, Effingham	

### Course Description

Officers are routinely faced with situations involving physical contact with members of the public, including searches, and arrests. Arrest situations require effective and efficient tactics that allow a subject not only to be taken into custody quickly, but as safely as possible while simultaneously minimizing the chances for injury. This increased professionalism works to not only minimize exposure to liability but to build officer credibility, law enforcement legitimacy, and community trust.

The realm of control tactics is a constantly evolving discipline that requires an increasing level of skill, knowledge, and awareness of anatomy, tactics, and strategy, as well as requisite knowledge in use of force case law. An understanding of the physiological and psychological facets of adversarial human interaction is essential as well, if an officer is to prevail in a survival-stress situation and bring it to a successful conclusion.

This train-the-trainer course is designed to develop control tactics instructors who can return to their organizations as lead instructors and subject-matter experts.

### Course Objectives

Students will increase their personal skill level and effectiveness as well as their ability to instruct others in the safe and proper use of control tactics and techniques in a law enforcement-specific context. Attendees will develop proficiency in a wide range of techniques and material including:

- Strikes and counter-strikes
- Pressure point techniques and target areas
- Takedowns
- Handcuffing, searching, escorting, and transporting
- Ground defense
- Impact and edged-weapon defense
- Use of impact weapons and pistol combatives

Additionally, this course closes the gaps between force options by utilizing drills that provide the officer with the ability—both physically and mentally—to effectively transition between force options.

### Instructor

**John Bennett** is a 28-year (retired) police officer, trainer, and patrol lieutenant from Charleston, Illinois. As a member of the International Law Enforcement Educators and Trainers Association and a certified law enforcement instructor with ILETSB, John has trained officers for more than 25 years, both nationally and abroad. His emphasis is on use of force, officer-safety, risk management, leadership and proactive police service, and individual readiness and professionalism.

### Mandates Met by This Training

- ✓ Legal Updates
- ✓ Human Rights
- ✓ Use of Force

*This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board*