



# Southern Illinois Criminal Justice Training Program

*Mobile Team Unit 15*

## Training Announcement

Name of Training			Class ID#	Course ID#
<b>Front-Line De-Escalation</b>			109243	70416
Date(s) of Training	Time	Hours	Location	
September 30, 2020	0800 – 1600 Hrs.	8	MTU 15 Headquarters 1740 Innovation Drive, Room 150 Carbondale, IL	

### Course Description

In the wake of several recent high-profile use of force incidents, officer de-escalation skills have come to the forefront of the national narrative regarding police and citizen contacts. But what is de-escalation and how does it occur? Front-line De-escalation approaches this important topic from the perspective of a front-line officer. Presented using a practical approach, this course will provide the law enforcement professional with basic knowledge and skills necessary to understand the concept of de-escalation and to begin effectively implementing this tactic in the field.

### Course Objectives

Define de-escalation in a law enforcement context

- ✓ Understand why de-escalation is critical and effective
- ✓ Recognize that verbal control is an important element in the context of use of force
- ✓ Recognize and propose methods to achieve police goal without use of force
- ✓ Recognize the role ego plays in suspect control
- ✓ Recognize appropriate follow-up action in situations where verbal control maybe ineffective or has failed
- ✓ Identify methods for effective decision-making in critical incidents that can lead to successful de-escalation
- ✓ Identify factors that can impede successful de-escalation of critical incidents
- ✓ Identify the areas of the brain responsible for stress and performance and their effects
- ✓ Identify factors that activate the sympathetic nervous system/fight-or-flight response
- ✓ Identify the impact that fight-or-flight activation has on decision making and performance
- ✓ Identify strategies and considerations for the successful de-escalation of critical incidents
- ✓ Engage in discussion of case studies involving Federal court decisions in de-escalation incidents
- ✓ Identify non-verbal communication/threat cues that can assist an officer in the decision-making process

### Instructor

**MTU 15 Field Assistant John Bennett** is an accomplished 28-year veteran police officer and patrol lieutenant from Charleston, Illinois and the president of John Bennett Training & Consulting, Inc. A member of the International Law Enforcement Educators and Trainers Association and consultant with The Virtus Group, John has trained officers both in and outside his agency for more than 25 years; both nationally and abroad. John continues to teach and learn in the field with the primary emphasis on use of force, officer-safety, risk management, leadership, and a philosophy of proactive police service, individual readiness, and professionalism.

### Mandates Met by This Training

- Civil Rights
- Constitutional Use of Law Enforcement Authority
- Human Rights
- Legal Updates
- Procedural Justice
- Use of Force

*This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board*