



Southern Illinois Criminal Justice Training Program

Mobile Team Unit 15

Training Announcement

Name of Training			Class ID#	Course ID#
Law Enforcement BJJ Basics			200075	77297
Date(s) of Training	Time	Hours	Location	
November 15, 2024	8:30-4:30	8	Pedigo Submissions Fighting 1304 Broadway St, Mt. Vernon, IL 62864	
Course Description				
<p>The importance of learning basic Jiu-Jitsu is to show officers how to safely hold a combative person in a position that allows them to gain control and call for assistance. It will also help the officer to be more self-aware and confident in applying the techniques that are going to be shown. All training will be demonstrated in a safe environment with a step-by step breakdown, so that every trainee will be able to practice and show each technique safely.</p> <p>Students need to wear comfortable training clothes and bring duty belts, but NO LIVE WEAPONS.</p>				
Course Objectives				
<i>Students will gain an understanding of:</i>				
<ul style="list-style-type: none">✓ Establishing mount position control✓ Establishing guard position control✓ Establishing side position control✓ Weapons retention (standing and from the ground)✓ Takedowns✓ Standing up from the ground position				
Instructors				
<p>Lt. Jessy Garcia has worked for the Jefferson County Sheriff's Department for 15 years. Lt. Garcia is a black belt in Jiu-Jitsu under Professor Rodrigo Vaghi and Heath Pedigo, and a Use of Force and Control Tactics Instructor. Lt Garcia is also a six-time Jiu-Jitsu world champion and four-time Pan American champion.</p>				
Mandates Met by This Training				
<p>This course has been approved by ILETSB for the following mandates: Constitutional Use of LE Authority; De-escalation Techniques; Laws Concerning stops, searches and the use of force; Officer safety techniques, including cover, concealment and time</p>				
<p><i>This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board</i></p>				